



## WHAT DO I NEED IN MY INDIVIDUAL 3 DAY EVACUATION KIT?

### LIST OF ITEMS

- 9 Storage Container
  - Bucket w/Gamma Lid
    - Can double as a latrine
  - Duffle Bag
  - Backpack
  - Wheeled Garbage Can
  - Wheeled Suitcase
- 9 Food and Eating Supplies
  - Enough non-perishable packaged or canned food for 9 meals
    - MRE's
    - Crackers
    - Canned food
    - Canned fruit
    - Juice
      - Canned
      - Packaged
    - UHT Milk
    - Power bars
    - Hard Candy Treats (Chocolate Melts)
  - Eating/Cooking Utensils
    - Plate
    - Cup
    - Bowl
    - Knife/Fork/Spoon
- DO NOT USE**
  - Long cooking foods
  - Freeze Dried
  - Foods/drinks that require lots of water for preparation
- 9 Extra Eyeglasses/Contacts
- 9 Essential Medications
- 9 Storage Bags
- 9 Garbage Bags

- 9 Heat/Cooking
  - Sterno Stove
  - Backpacking Stove
    - Fuel
  - MRE Heating Pouch
  - Hand Warmer
  - Matches
  - Candles
  - Manual Can opener
- 9 Shelter
  - Tent
  - Poncho
  - Large Piece of Plastic/Tarp
- 9 Ground Cover
  - Sleeping Bags & Blankets (wool & thermal)
  - Solar/Hand Crank/Battery Powered Radio
  - Batteries
- 9 Water
  - Water Storage (1 gal./day/person)
  - Water Purification Tablets
- 9 Sanitary Supplies
  - Anti-bacterial Dish/Hand Soap
  - Bleach
  - Hand Sanitizer
  - Feminine Hygiene
  - Garbage Bags
  - SOS Pads
  - Toilet Paper
  - Tooth Brush
  - Tooth Paste
  - Towel
  - Towlettes
  - Wash Cloth
- 9 Waterproof/Wind proof Matches
- 9 Light
  - Emergency Candles
  - Flashlight
  - Light Sticks
- 9 Utility Knife
- 9 Whistle
- 9 Sewing Kit
- 9 Extra Clothing (Change as season requires)
  - Belt
  - Coat
  - Gloves
  - Hat
  - Jacket
  - Knit Cap
  - Pants
  - Rain Poncho
  - Shirt
    - Short Sleeve
    - Long Sleeve
  - Shoes/Boots
  - Socks
  - Sweater
  - Thermal Underwear
  - Under Garments

- 9 Rope
- 9 Tent Pegs/Spikes
- 9 Infant Items
  - Diapers
  - Cloth
  - Diaper Pins
  - Plastic Pants
  - Disposable
  - Baby Powder
  - A&D Ointment
  - Baby Food
  - Formula
  - Baby Bottles
  - Stroller
  - Toys
- 9 First Aid Kit
  - Antacids
  - Aspirin or Pain Relievers
  - Band-aids
  - Cotton Balls
  - Cotton Swabs
  - Diarrhea Medicine
  - Dust Masks
  - Elastic Bandage
  - Gauze
  - Heavy String
  - Insect Repellant
  - Kerlex
  - Latex Gloves
  - Laxatives
  - Micropore Adhesive, Paper Tape
  - Rubbing Alcohol
  - Safety Pins
  - Sanitary Napkins (Pressure Dressing)
  - Scissors
  - Small Splints, Popsicle Sticks
  - Sun Screen
  - Syrup of Ipecac
  - Thermometer
  - Triangular Bandage (36"x36"x52")
  - Tweezers
- 9 Busy/Diversion Items for Adults
  - Books
  - Scriptures
  - Family Photos
  - Puzzle/Game Books
  - Playing Cards
  - Journal
- 9 Busy/Diversion Games/Toys/Items for children
  - Pencil
  - Paper
  - Colored Pencils (Crayons melt)
  - Pencil Sharpener
  - Coloring Book
  - Playing Cards
  - Toys
  - Family Photos

- 9 Tools
  - Collapsible Shovel
  - Knife
  - Leatherman Tool
  - Duct Tape
  - Coiled Saw
  - Small Tool Kit
- 9 Area Map Showing
  - Schools
  - Churches
  - Government Buildings
  - Medical Facilities
  - Relative's/Friend's Homes

## OTHER CONSIDERATIONS

- 9 Older Family Members
 

---

---

---

---

---

---

---

---
- 9 Special Needs Members
 

---

---

---

---

---

---

---

---
- 9 Make copies of important papers/documents
- 9 Prepare a auto/work survival kit
- 9 Pets
- 9 Establish an relative/friend Out-Of-State/Area 24-Hour telephone contact
- 9 Emergency money
  - \$25.00 in cash
  - \$5.00 in coins
- 9 Phone numbers
- 9 Phone Card
- 9 Pen and paper
- 9 Other
 

---

---

---

---

---

---

---

---

This list is not all inclusive and is for suggestion only. Your personal and family needs may differ. Please consider these needs when preparing your 3 day kit. Even though this is a suggested list for 1 personal kit, there are many items that can be shared with other family members.